

MIL 102 : FOUNDATIONS OF AGILE AND ADAPTIVE LEADERSHIP

This basic course introduces students to the personal challenges and competencies that are critical for effective leadership. Students learn how the personal development of life skills, such as, critical thinking, time management, goal setting, and communication, develop their leadership potential. Students learn the communications process, and the importance of leaders developing essential skills to effectively communicate in the Army. Students will begin learning the basics of squad level tactics, which will be reinforced with practical exercises during an optional weekly Leadership Lab facilitated by Senior Cadets and supervised by Instructors. Students also learn how resiliency and fitness supports their development as an Army leader.

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ROTC