

PSY 280 : HEALTH PSYCHOLOGY

The aims of this course are to understand the psychological factors involved in health and in illness, to study interventions to help people get over illness and stay well, and to consider the health care system and its policies. Finally, a sample of the popular literature on the mind-body issue as it relates to health will be considered relative to the existing scientific literature. GEP for Health and Wellness requirement. Offered in Fall or Jan Term.

3.000

Psychology

Major, Minor, Elective credit.