

HPE 245 : LIFEGUARD TRAINING

The American Red Cross Lifeguarding course covers the skills and knowledge required for effective lifeguarding at swimming pools. Certifications include Lifeguard Training, CPR for the Professional Rescuer, AED and Lifeguard Management. Offered during Spring Term. Fee payable to Red Cross through instructor is \$79.00, including books, pocket mask, cards and equipment. The fee is subject to change.

2.000

Health and Physical Education

GEP, Elective credit.