

## HPE 355 : ISSUES IN WOMEN'S HEALTH

Although men and women have many similar health problems, women also face issues that are unique to them. Throughout history, women have been subjected to many misconceptions relating to their health and their ability to be a functioning part of society. Additionally, they have experienced discrimination in their daily lives and in the area of healthcare. Not only are women living longer now, but they are experiencing more healthcare problems due to increased lifespan. In this course topics will be introduced to provide students with knowledge related to the wide spectrum of women's health issues and how they might deal with them. Possible topics include; history of women's healthcare, the economics of women's healthcare, preventing cardiovascular disease and cancer, nutrition and exercise, chronic diseases for women, sexual and reproductive health, HIV/sexually transmitted infections, violence against women, mental health issues of female aging and the impact of the workplace on women's health. Meets the Wellness, Humanities, and Women Studies GEP requirements.

Health and Physical Education

GEP Wellness, Humanities, CCW credit.