

# Counseling Services

Counseling Services supports the emotional, mental, and spiritual health of students by providing individual and group counseling, consultation, and crisis intervention by licensed therapists and supervised interns. The counselors also provide a variety of educational programs designed to meet the emotional wellness needs of the campus. Counseling sessions at the Wellness Center are available at no extra charge to traditional undergraduate boarding and day students. Appointments are strongly suggested and may be scheduled by calling the Wellness Center at 864.596.9258.

In addition, the Wellness Center has a library and relaxation room that students can visit any time during regular office hours. It is a quiet, comfortable space where students can relax, de-stress, and unwind. It is full of educational materials on mental health topics, books, relaxation CDs, yoga DVDs, art materials, and chair massagers.

The Wellness Center does not offer alcohol and drug treatment, evaluations for ADHD or learning disabilities, treatment for active eating disorders, or long-term intensive therapy. In the event that these services are required, the staff will assist a student in finding an off-campus provider. If a referral is made off campus to a local psychiatrist or mental healthcare provider, the cost is the responsibility of the student and/or the student's family. Counseling services for Converse II students are available through the EMERGE Family Therapy Center and Teaching Clinic and other local providers.