

DAN 100: INTRODUCTION TO DANCE

This beginner studio dance class is for students with limited or no dance training. Students will be introduced to the basic elements of both ballet and jazz, and will be taught basic dance locomotor skills, basic dance steps and simple combinations of both dance forms. Students with no previous ballet or jazz training should take this class prior to enrolling in either Ballet I or Jazz I.

Credits: 2

Program: [Dance](#)