

PSY 320: BODY IMAGE, EATING DISORDERS, AND OBESITY

By the end of this course, students will be able to describe the characteristic symptoms of eating disorders and related issues (e.g., body image, Body Dysmorphic Disorder), including some key psychological theories, treatment options, and prevention strategies, and research findings. Students will also learn about obesity and factors associated with prevention and treatment of obesity, as well as issues faced by individuals in this population (including eating disordered behaviors, stigma, and medical comorbidities). Throughout the course, students will be expected to effectively communicate their ideas and thinking in written form, in formal presentations, and in informal discussions.

Credits: 3-3

Prerequisites:

PSY 100

Program: Psychology